



# Health Liaison Panel

11<sup>th</sup> July 2023



# Who are carers?

*A carer is anyone who cares, unpaid, for a friend or family member who, due to illness, disability, a mental health problem or an addiction, cannot cope without their support.*

# History



**31 Years**  
**April 2023**



**CARER LED**



# ACS Vision

**“That every unpaid Carer in Surrey is heard,  
valued and supported”**

# ACS Mission

## Action for Carers Surrey commits to:

- Being a Carer led organisation & putting unpaid Carers first
- Delivering high quality & innovative services
- Improving unpaid Carers' wellbeing
- Amplifying the voice of unpaid Carers to influence change
- Supporting unpaid Carers to understand their rights and choices
- Collaborating with professionals and partners to encourage best practice
- Promoting awareness of unpaid Carers & their value in society

# Why are carers important?

Nationally > 6m carers  
saving Health & Social Care  
**£132** billion per annum

= **NHS** + £10 billion





# Why are carers important?



Provide emotional  
support



Provide  
personal  
support



Provide practical  
support



# Why are carers important?



Reduce  
admissions to  
hospitals



Reduce  
admissions to  
residential care



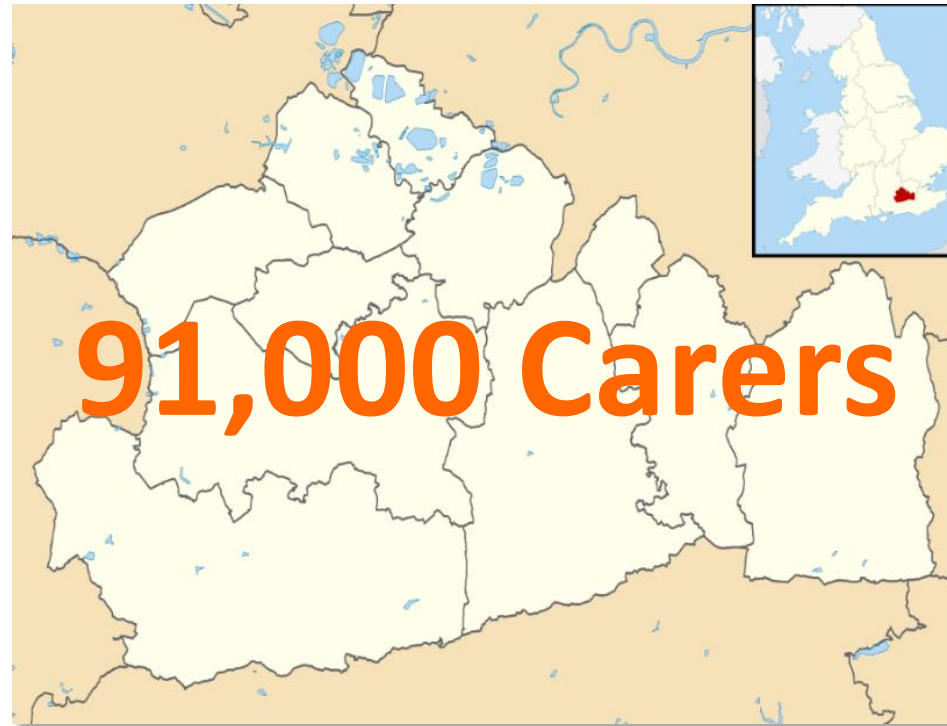
Enable people to remain  
in their own homes

# The impact of caring



8/10

# Local Caring Landscape



# Local Caring Landscape



**1,754 Adult Carers**  
**267 Young Carers**



**2,039 Adult Carers**  
**373 Young Carers**

## Totals

**6,355 Adult Carers**  
**1,319 Young Carers**



**2,562 Adult Carers**  
**679 Young Carers**



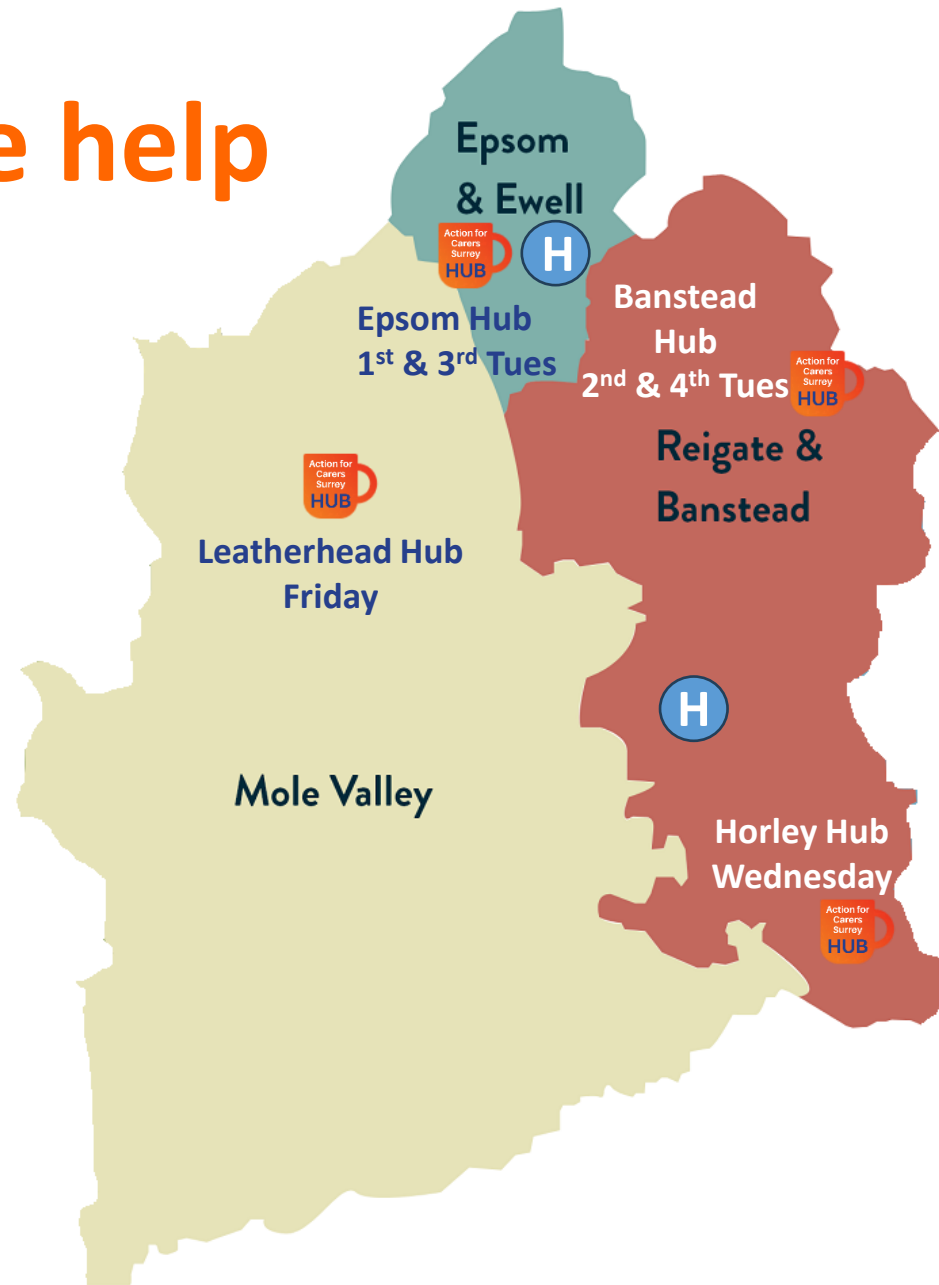
# How we help – adult carers

- Face-to-face and telephone support for information, advice and signposting
- Drop in 'Hubs' across the county where carers can come for help and support
- A wide range of events (on Zoom and face to face), from learning, training and information, to wellbeing and relaxation, giving time out from caring
- Support Groups, both online and face to face, with groups for all carers, plus some specialist groups too, e.g. parent carers or dementia carers
- Benefits advice on what you might be entitled to as an unpaid carer
- A dedicated Moving & Handling team, giving advice and training on helping to move someone safely, and use equipment
- Carer Advisors to in Surrey's main hospitals
- Advocacy and information carers' rights
- A wealth of free resources, including regular newsletters, booklets, email updates and [www.actionforcarers.org.uk](http://www.actionforcarers.org.uk)



***“Action for Carers isn’t what I want to keep well, it’s what I need.”***

# How we help





# How we help – younger carers

**Our Surrey Young Carers team gives free support to young carers aged between 5 and 17.**

- We run drop-ins, forums, activities and groups and give these vulnerable young people support, information, and crucially time out from their caring role.
- We also help Surrey's schools identify and support young carers.
- We also run some specialist events, and have targeted information, for young adult carers aged 18-25, who face unique challenges as they look to move on with their lives.



***“Today was a turning point for my daughter. She spent time without me, with new people, experiencing something she loves, and was animated. I’m not sure I can describe my gratitude. Thank you.”***



# FUNDING



92%

# Campaigning/GCaV



## Giving Carers a Voice



# Partnerships



Waitrose



Historic  
Royal Palaces



DWT

DAVID WILLIAMSON TRUST



# Thank you

# Q&A